



immunizations

Immunizations:

1. Hepatitis A (2-shot series)
2. Hepatitis B (3-shot series)
3. Tetanus
4. Rabies
5. Polio booster
6. Typhoid
7. Meningitis
8. Yellow Fever
9. Childhood vaccination series (up-to-date)
10. Malaria medication*
11. Tips:
 - Check your local County Health Department, or other local clinics that administer travel immunizations, to obtain the most current health risks and immunization recommendations. Or check out the Center for Disease Control's website, <http://www.cdc.gov>
 - Local County Health Departments give shots at a fraction of the cost charged by private clinics.
 - Because yellow fever is a live vaccine, it often is cheaper if a group makes an appointment at the same time.

***Doxycycline** is a cheap daily pill and can be easily and cheaply obtained in Africa. However, you must begin taking it AND get a prescription for it before you leave the U.S. So while in the U.S. get at least 3 weeks worth in a bottle...this makes it easier to refill.